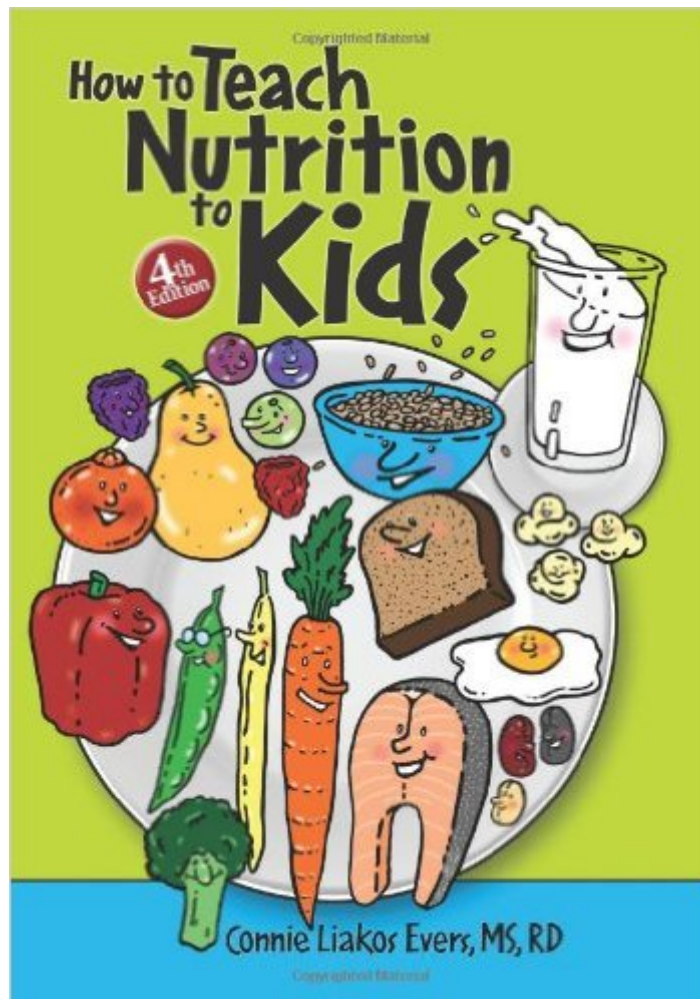


The book was found

How To Teach Nutrition To Kids, 4th Edition



Synopsis

Teaching nutrition to children early and often is the key to developing healthy eating habits. The fourth edition of *How to Teach Nutrition to Kids* includes over 200 cross-curricular activities featuring the MyPlate food guide, children's books, gardening, recipes, food art, label reading, fitness and more. Fun, integrated, and behavior-focused, *How to Teach Nutrition to Kids* weaves nutrition education with math, science, language arts, social studies, performing arts, physical education, health education and the school cafeteria. Packed with ideas that empower children to evaluate nutrition information, make smart food choices and creatively prepare food, this book is used in schools, hospitals, scouting programs, 4-H, summer camps, and many other youth-focused initiatives.

Book Information

Paperback: 248 pages

Publisher: Twenty Four Carrot Press; 4th ed. edition (March 19, 2012)

Language: English

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Product Dimensions: 7 x 0.6 x 10 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (8 customer reviews)

Best Sellers Rank: #283,600 in Books (See Top 100 in Books) #32 in [Books > Education & Teaching > Schools & Teaching > Instruction Methods > Health](#) #631 in [Books > Health, Fitness & Dieting > Children's Health](#) #2134 in [Books > Health, Fitness & Dieting > Nutrition](#)

Customer Reviews

Bought this for my daughter who will be serving her internship with a children's fitness/health program. She loved the book and can't wait to begin using it!!!

I facilitated a nutrition camp for youth in my area and this book was such a God send! The breakdown makes lesson planning so simple and the activities are easy to modify to fit your particular group. It was awesome seeing the scenarios in the text brought to life!

This book sets the standard in both content, comprehensiveness and its approach to teaching healthy eating habits to children. It covers all the bases in an easy-to-implement fashion, and makes

learning about nutrition fun & enjoyable for both kids and adults!

My son was doing a college paper on childhood obesity. This book came to be very helpful in finding information that went right in with his outline. By the way, he made an "A".

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JOKES: Jokes For Kids To Get Them Giggling! (Clean Jokes, Jokes For Young Kids, Funny Jokes, Kids Jokes, Joke Books, Best Jokes, Funny Books) Jokes:Knock Knock Jokes For Kids: Laugh Out Loud Fun Jokes For Kids(Jokes, Funny Jokes, Jokes for kids, Best Jokes, Funny book, jokes free, jokes for free) ... knock knock jokes, riddles. quiz Book 1) Jokes for Kids: Farm Animal Jokes!: Funny Jokes for Kids - Kids Jokes - Childrens Jokes - Funny Joke Books Minecraft: Ultimate Jokes & Memes for Kids! Over 150+ Hilarious Clean Minecraft Jokes! (Minecraft Memes, Minecraft Jokes, Memes For Kids, Minecraft Kids Book) Harry Potter: Ultimate Jokes & Memes for Kids! Over 150+ Hilarious clean Harry Potter jokes! (harry potter memes, memes for kids, harry potter kids books, harry potter jokes, harry potter comedy) Jokes For Kids: Kids Jokes: 300 Funny Jokes For Kids (Jokes and Riddles for Children Book 1) 104 Funny 4th of JULY Knock Knock Jokes 4 kids (Joke 4 kids Book 6) 4th of July : Great Facts for Kids About AMERICA (Great 4th of July e-Book) (Summer Reading Collection) Nutrition in Exercise and Sport, Third Edition (Nutrition in Exercise & Sport) Performance Dog Nutrition - Optimize Performance With Nutrition Beating Cancer with Nutrition: Optimal Nutrition Can Improve Outcome inMedically-Treated Cancer Patients. The Lupus Recovery Plan: Healthy Nutrition To Treat Lupus Naturally (Healthy Nutrition and Living Book 1) Complete Nutrition Guide for Triathletes: The Essential Step-By-Step Guide To Proper Nutrition For Sprint, Olympic, Half Ironman, And Ironman Distances Krause's Food & the Nutrition Care Process (Krause's Food & Nutrition Therapy)

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